

# Ostara Lapbook Information & Directions

## Symbols of Ostara

It is important that your child become familiar with the symbols of Ostara. Younger kids can simply know what they are, older kids can learn the significance of them to the holiday. Below is a list of the symbols that are provided by image so you can help them write the name of the image below it. Extra room is provided for the older kids to add more information if they want to. There are two extra blank tiles provided in case you have a symbol that is important to you and not provided in the clipart fashion.

Cross  
Celtic Cross  
Shamrock/4 leaf clover  
The letter X  
Sun Wheel

## Gods & Goddesses

This is a great time to get your child/ren more in tune with the Gods and Goddesses of Ostara. Have your child/ren use a card to list either the God or Goddess, a little about them, and even draw what they feel that deity looks like on the back side. Use their homemade cards as flashcards until they memorize what you would like them to know.

## My Ostara Projects

Allow your child/ren to do Ostara projects of their own to add into the holiday festivities. Do projects that they normally do and/or choose some from the list below. In the lapbook allow them to write the name of each project on the tab. Kids can write what they did, add photo's, or whatever feels right under each tab. Be sure to only include as many tabs as you plan on doing projects for Ostara.

### ***Color Eggs***

Use natural egg color, you can use the lapbook for ideas as well as teach colors and the meanings of them on eggs. Remove food substance before coloring eggs. Be sure to leave the eggs in the color longer than the usual vinegar based colors. Use a white crayon to draw Pagan designs on the eggs before coloring. If you or your child does not want to go through all the trouble of traditional colors simply etch brown eggs by writing or drawing Pagan symbols on it using vinegar.

### ***Make an egg shell tree***

Clean egg shells (in halves) and poke holes in each side and thread with pipe cleaners to resemble baskets. Paint the shells or leave them white, or brown, and hang them on a fallen branch found outside. The branch can be blessed or at least thanking the nature spirits for it. The tree can be placed on the home or personal altar.

### ***Do a dance***

Do an outside dance like the wind dance allowing you to come one with the wind. Wear loose fitting, flowing clothes that will allow them to move with the wind. Move as the wind does with arms stretched out. For a group you could do the Spiral dance to represent the circle of life. Get in a circle and join hands or bind them loosely with a scarf. Have the first one in your line move to the center pulling all others to the center then move to the outside.

### ***Planted a fearie garden***

Use Fairy friendly flowers from seeds or cuttings. Be sure to let your child/ren know that this is a great time to plant them. Bless seeds or cuttings before planting them. Leave an offering to the spirits or faeries of milk, homey, bread, or berries.

### ***Spring Cleaning***

Start with a meditation or blessing. End with a blessing to close off the project. You could also offer something to the nature spirits as a extra touch.

### ***Plant an herb garden***

Plant an herb garden for medicinal or magickal purposes. Make plans as far as layout (make a circle of life or other Pagan symbol). Bless seeds or allow them to be present in the Ostara ritual for energy.

### ***Set-Up an Ostara Altar***

Use eggs, nature scraps found on the ground, spring flowers, or any other typically Ostara object to set-up a personal or family Ostara altar. Allow your child to help with preparation and execution of it.

## **Signs of Spring**

Ostara is the beginning of spring and an excellent opportunity for your first signs of Spring walk. Have your child/ren look for the signs of spring using what you know and the small list below. When done have them tell about all the signs of Spring that they saw one per circle in their lapbook.

Lamb  
Egg  
Rabbit  
Robin  
Seeds  
Flowers  
Sun  
Bees

## **My Ostara Spell**

Use this opportunity for your child/ren to get familiar with spells. A beginning of the spell has been written for them, they just need to finish it with what they want out of the spell (be sure to tell them all about what should and shouldn't be directed to in a spell if they don't already know. Have them write it in the book then use it in

### ***this simple Ostara spell:***

After writing it exactly how it is wanted to be worded in the lapbook, rewrite it on a piece of light colored cloth.

Go to the woods or somewhere where spring is abundant and read it to the land spirits.

Add some spring herb or flower petals to it and fold it up as small as they can.  
Dig a hole as deep as they want to being careful not to bother any other growing  
Plant then cover it up.

As spring gets into bloom around it the wish or action they wrote about in the spell will come to be.

## **Egg Colors**

Have you child/ren write the color that corresponds with how to make a natural dye and its correspondences on the outside flap. If they don't know them or need some extra help the answers are below. For the holiday allow them to color eggs using some of these natural dyes as one of the Ostara project.

Yellow – carrot tops – creativity, knowledge

Orange – onion skin – sun, energy

Blue – blueberries – protection, healing

Red – cherries – sacred, strength

Green – spinach – growth, prosperity

Pink – beets – love, peace

## **My Take**

A tasting review for homemade hot crossed buns or other traditional Ostara dish. To be served by parent with some background information on them to complete the tasting process. Older kids can help in preparation or simply complete the dish alone, according to the age of the child. The simplest recipe I could find of hot crossed buns was on Cooks.com: <http://www.cooks.com/rec/doc/0,184,151161-251203,00.html> in case you want to try it.

## **Pagan Orgins**

Many of the things that are used in modern holidays around this time have Pagan roots. Allow you child/ren to do some research of their own to discover them. The items mostly used are written on the bottom tab of each panel, they are to write what they learned about its Pagan roots on the panel of that title.

## **Bibliography**

Celebrate The Earth by Laurie Cabot

Seasons of the Sun by Patricia Telesco

A Kitchen Witch's Cookbook by Patricia Telesco

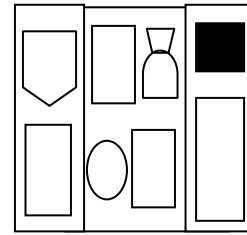
The Sabbats by Edain McCoy

Ostara by Edain McCoy

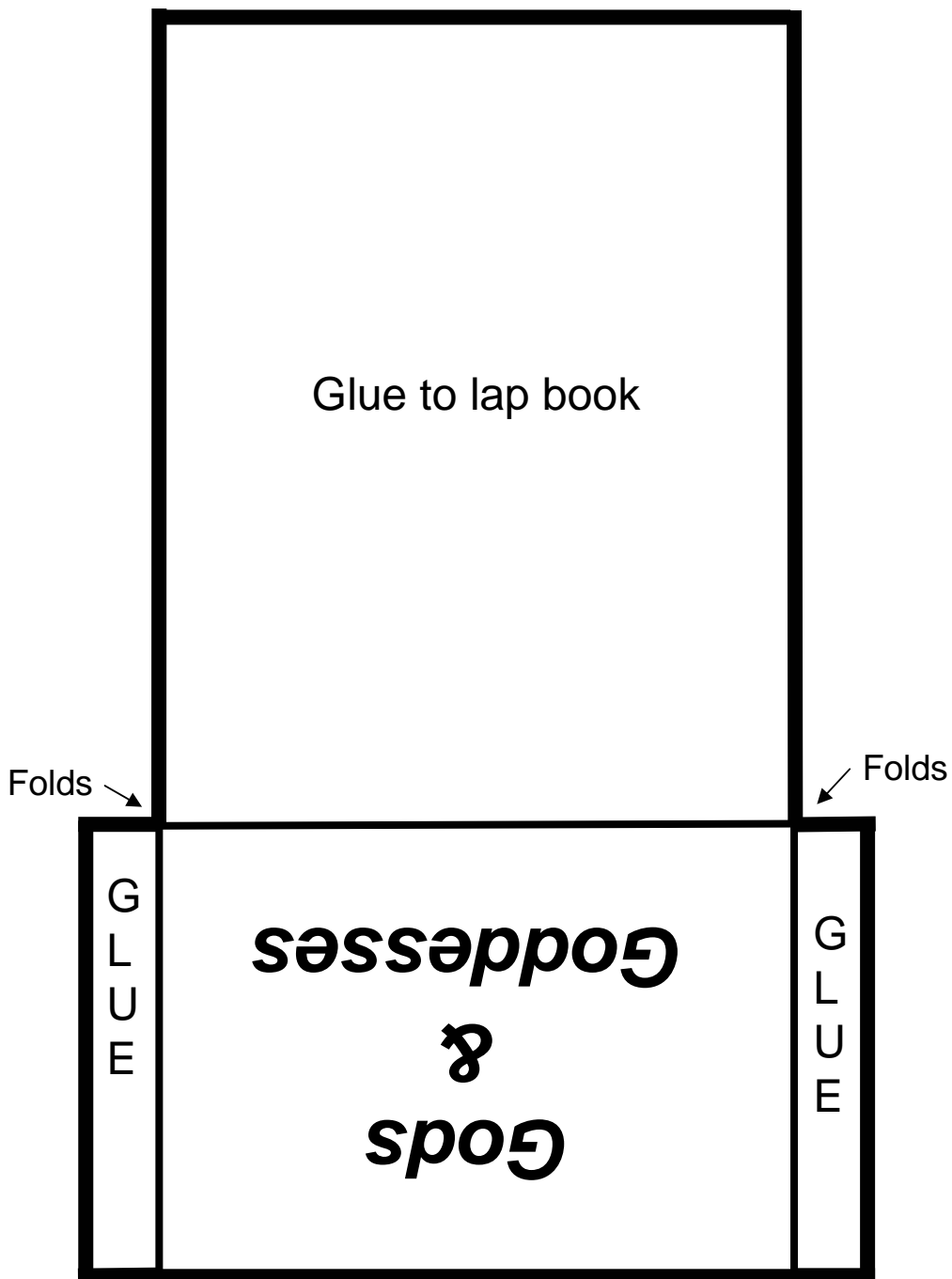
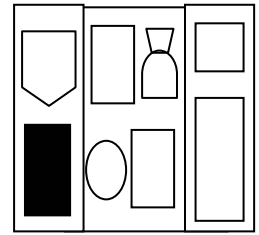
Ancient Ways by Pauline Campanelli

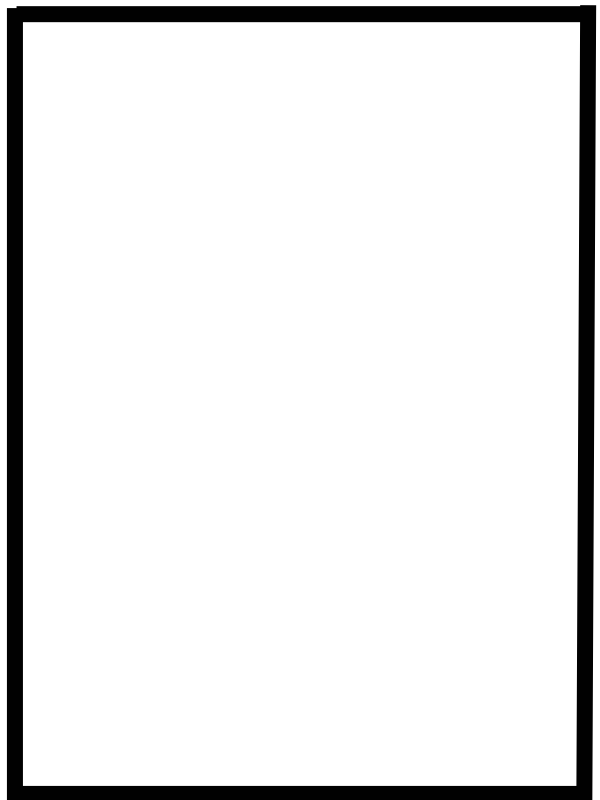
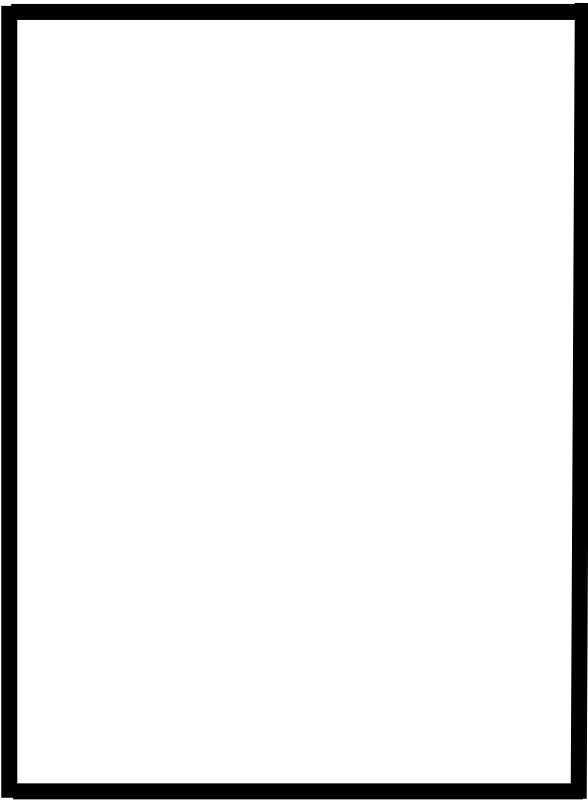
Lapbook templates below. Lapbook will be only 1 folder!

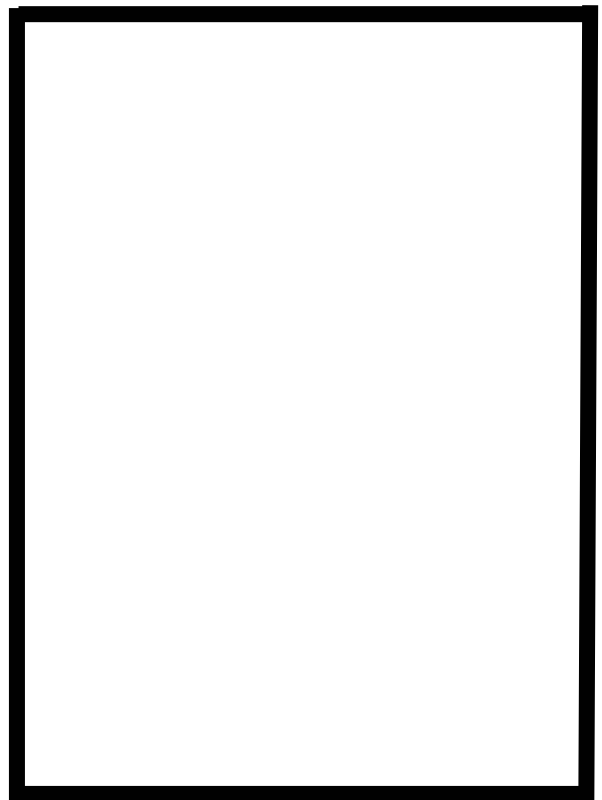
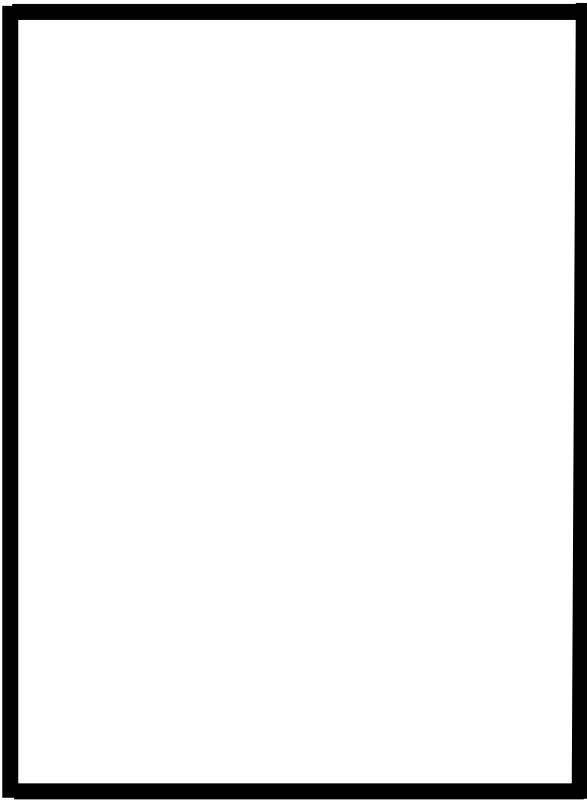
Cut out the square. Fold on middle Line. Glue side labeled 'glue' to the Lap book.



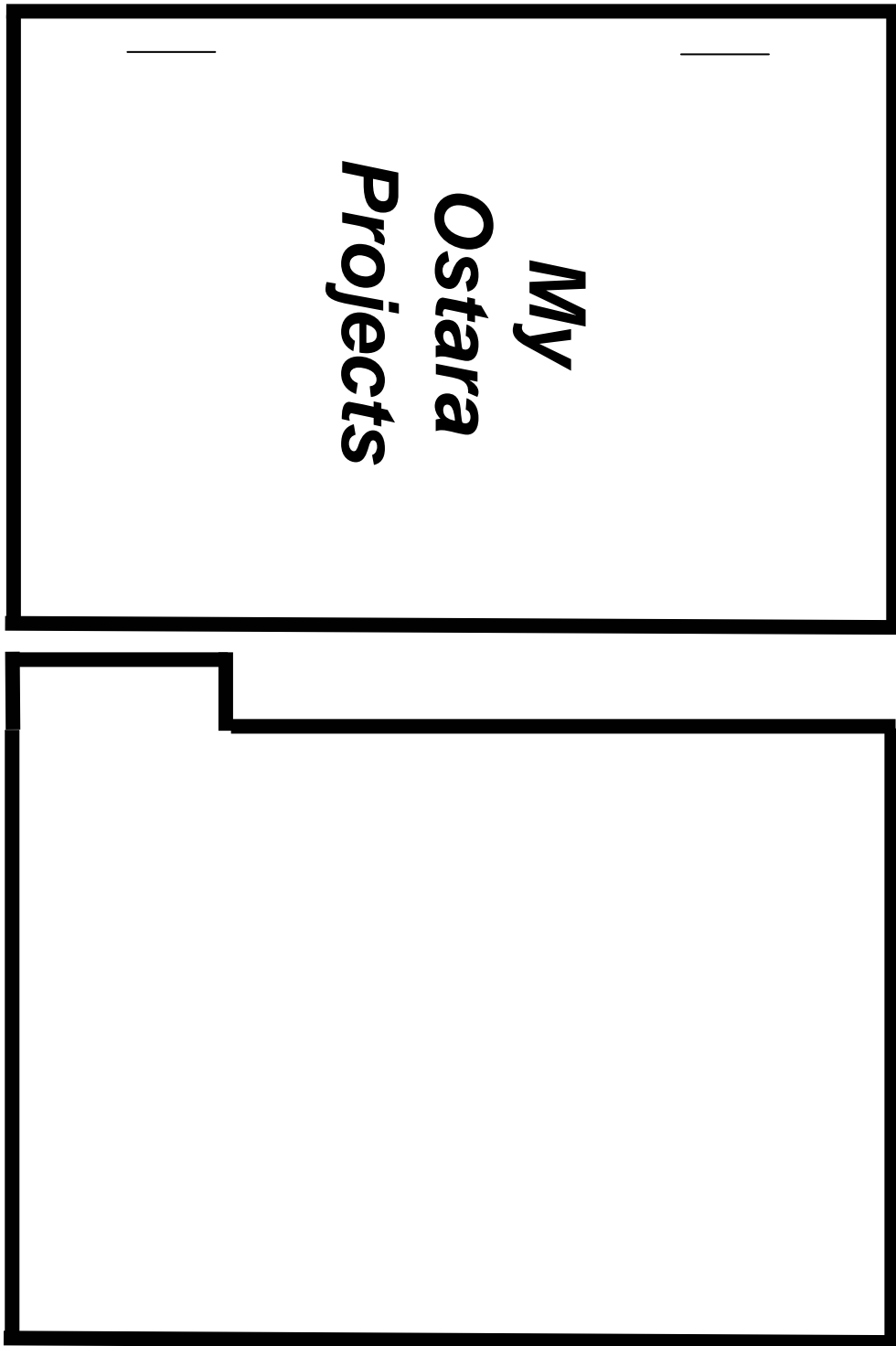
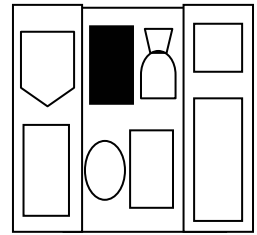
Cut around dark lines. Fold on line and glue to large section to make a pocket. Glue to Lap book where it is labeled. Next cut out as many cards, located on the next few pages, as you need for your family's God and Goddess that you honor during this season.



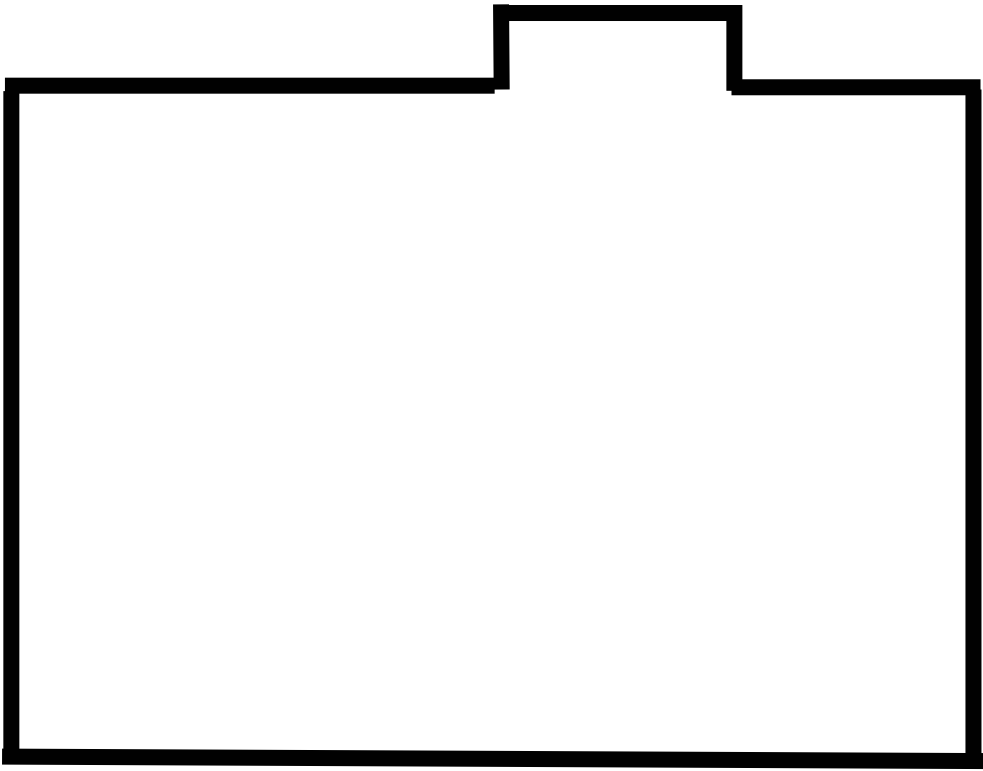
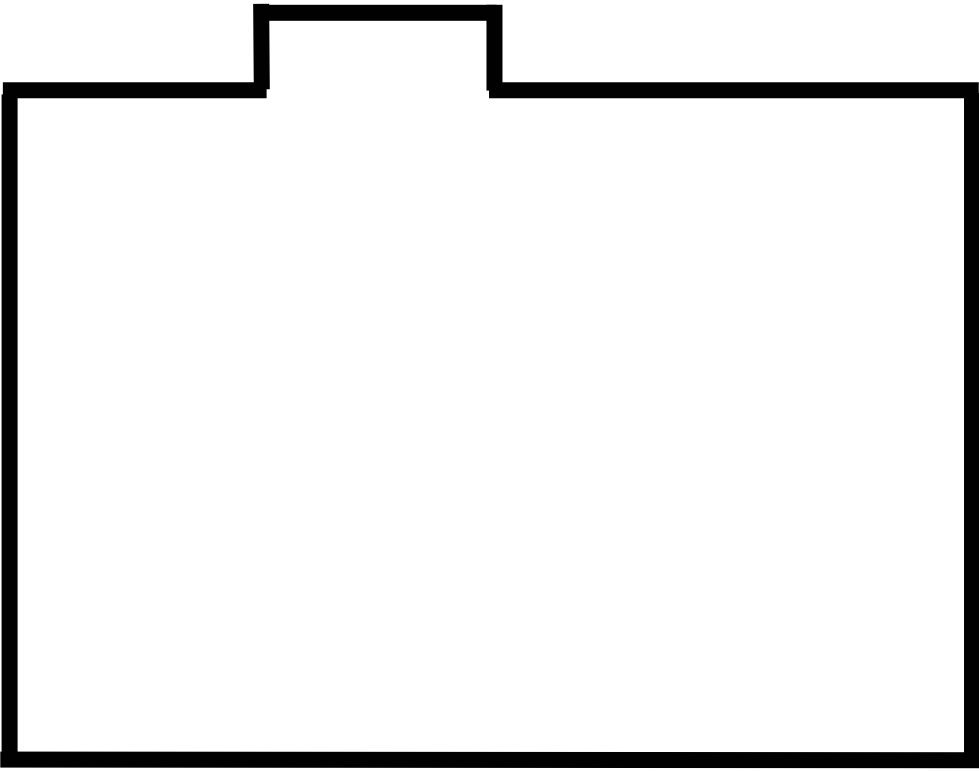


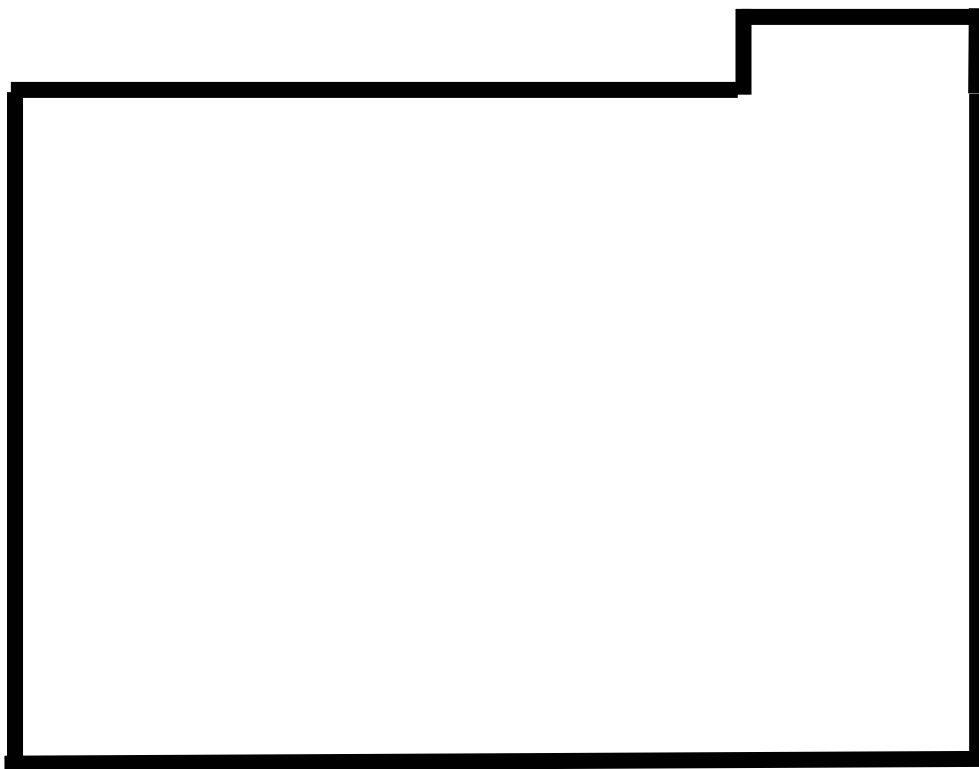


Cut out on dark lines the title page and as many tabbed images as needed for this project. Staple together on staple lines Provided. Glue last tabbed image to lap Book.

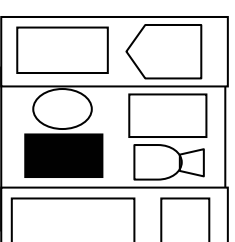








Cut on outside dark lines. Fold on lines labeled fold. Cut on dotted lines. Glue back side to lap book.



## EGG COLORS

**CARROT  
TOPS**

**Creativity  
Knowledge**

**Sacred  
Strength**

**Cherries**

**Red Onion  
Skin**

**Sun  
Energy**

**Growth  
Prosperity**

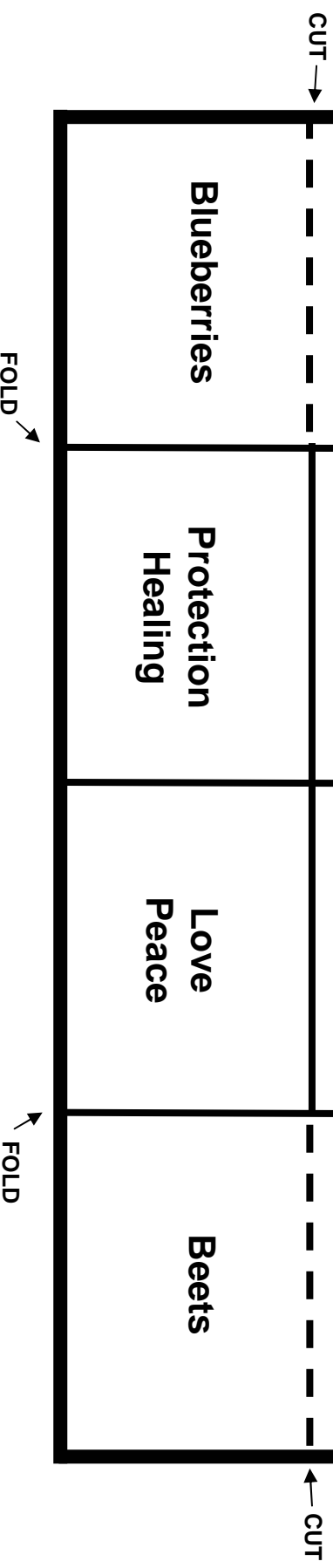
**Spinach**

**Blueberries**

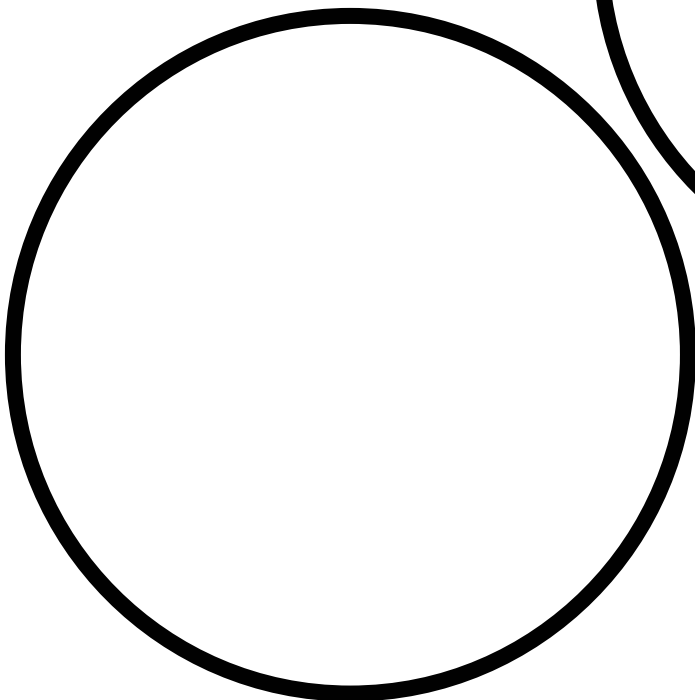
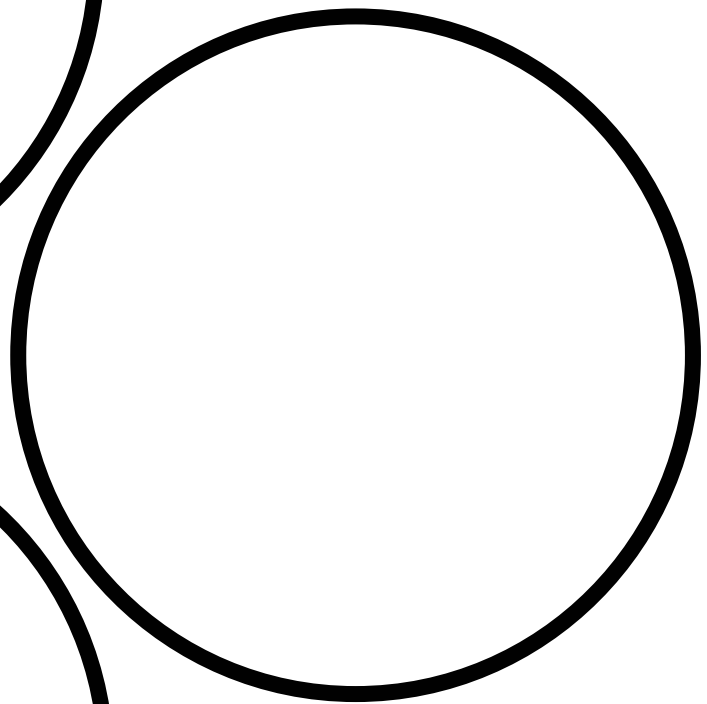
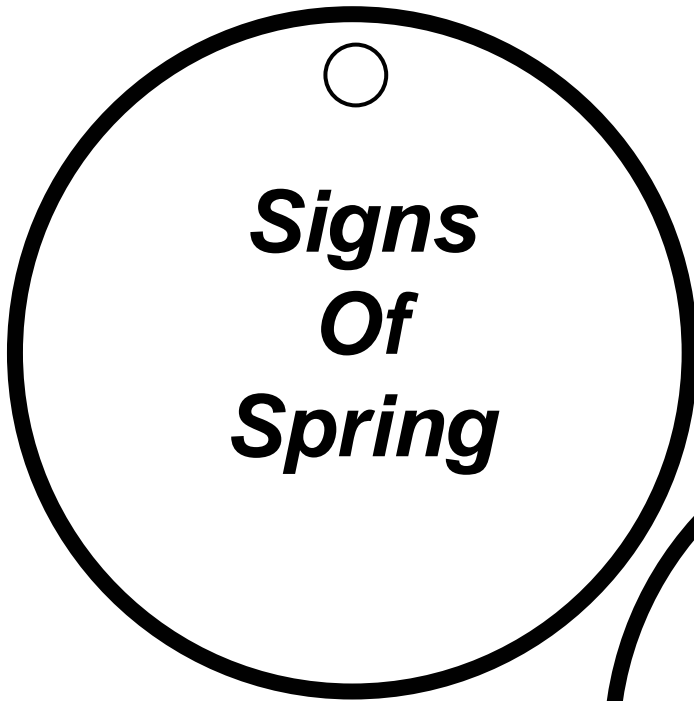
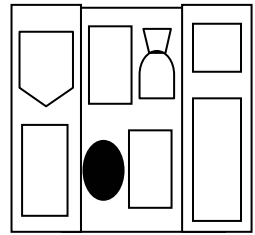
**Protection  
Healing**

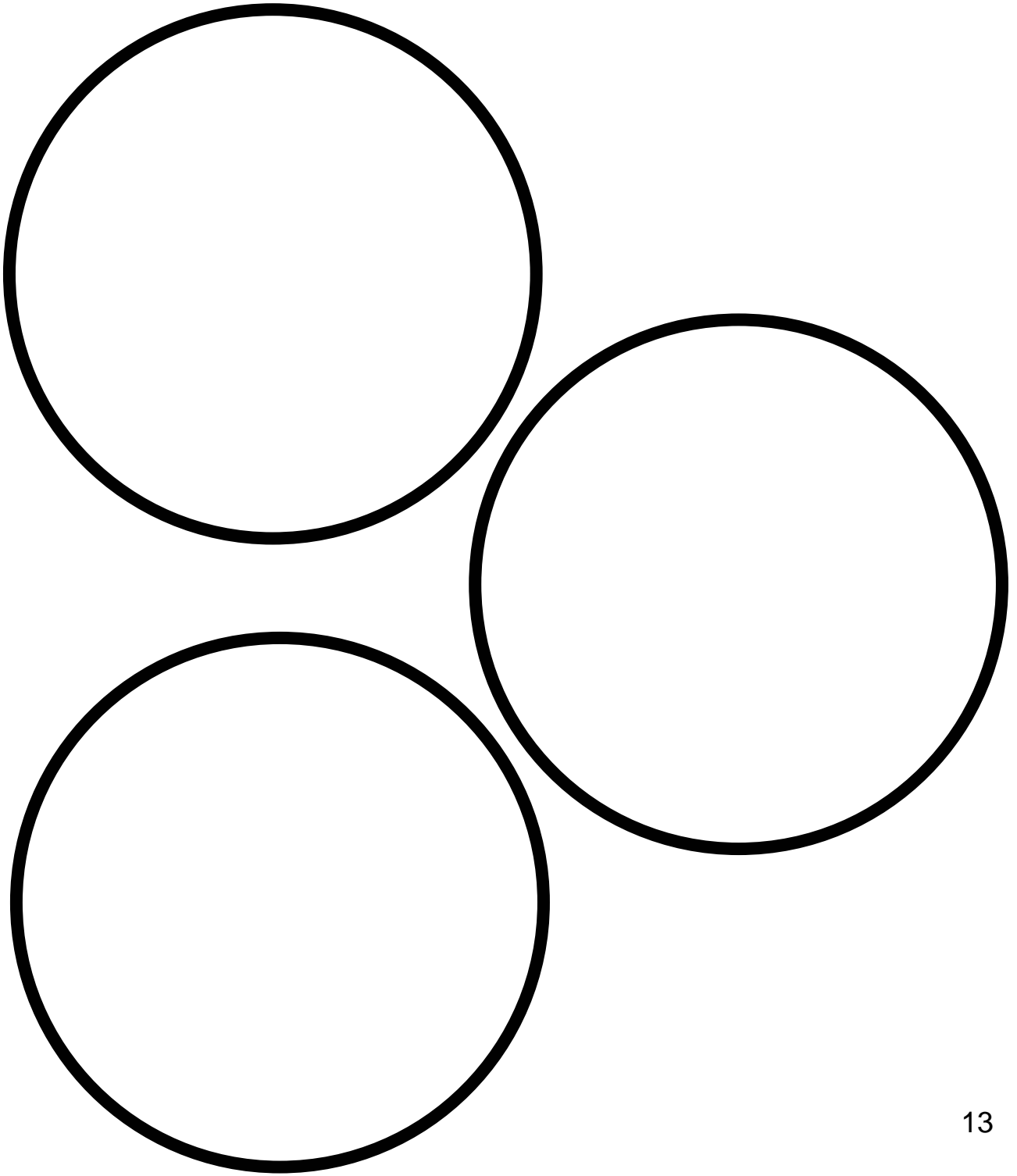
**Love  
Peace**

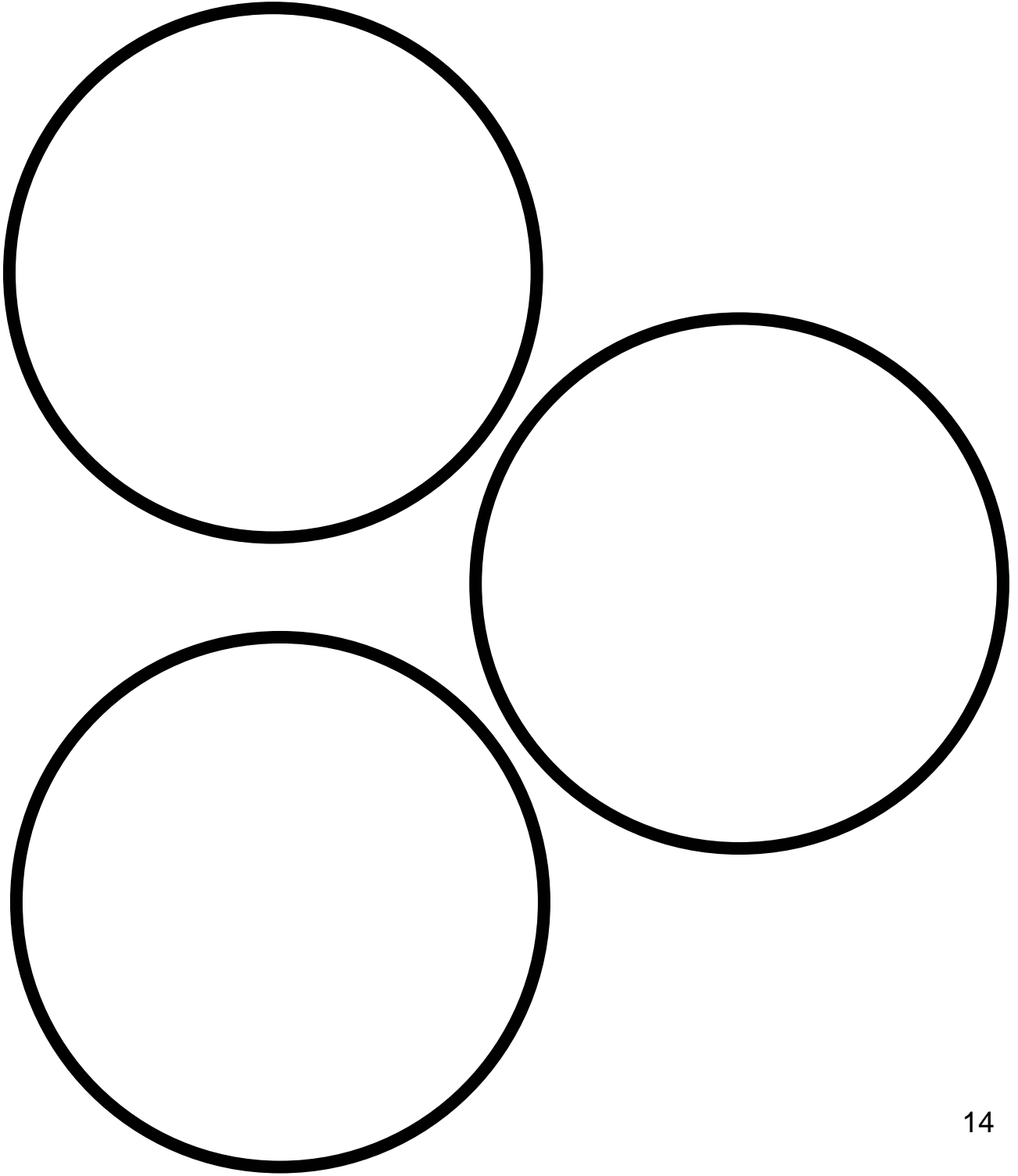
**Beets**



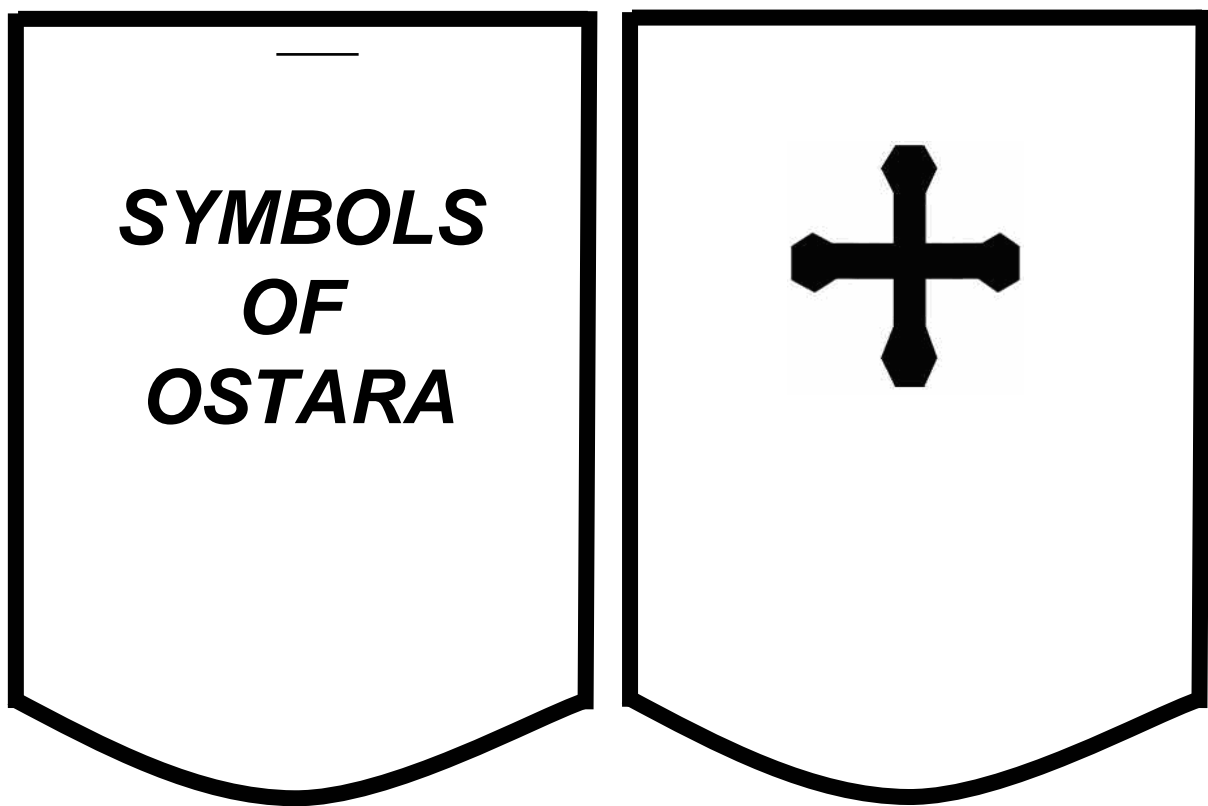
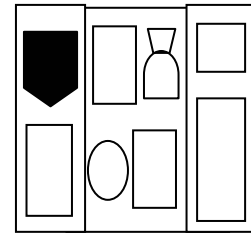
Cut out as many circles as needed for your Spring walk. Stack circles together and poke a hole in the top where sample is shown. Use a brad to affix to lap book.

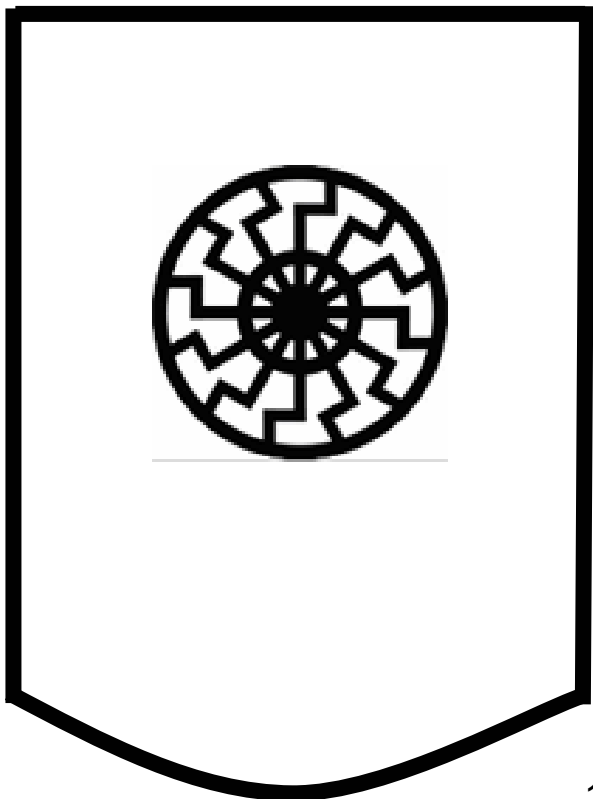
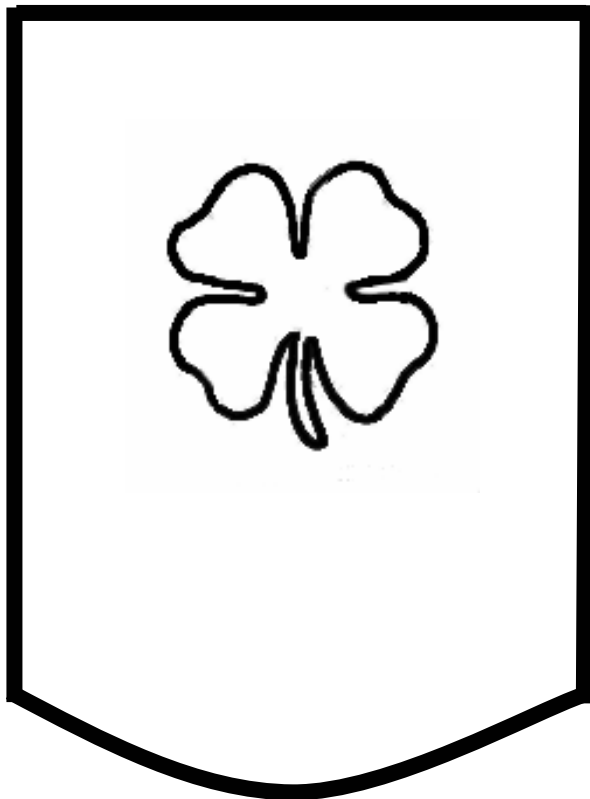
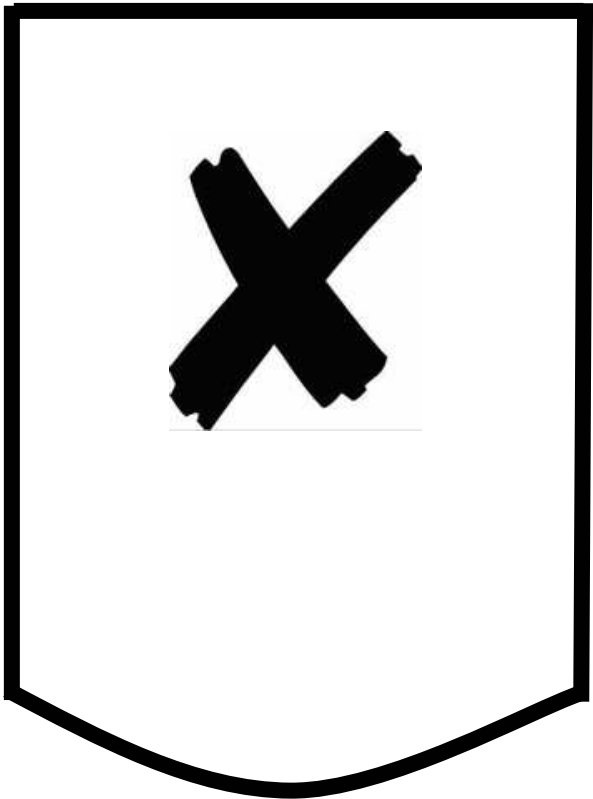
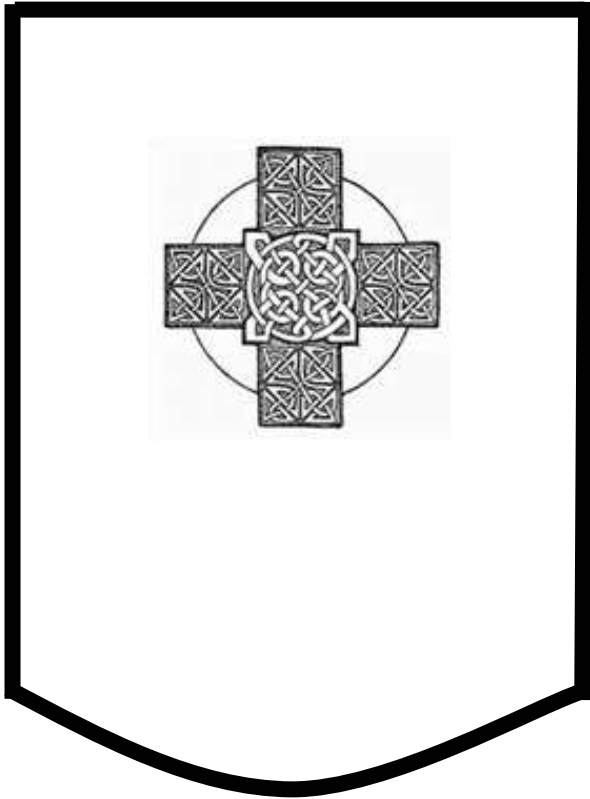




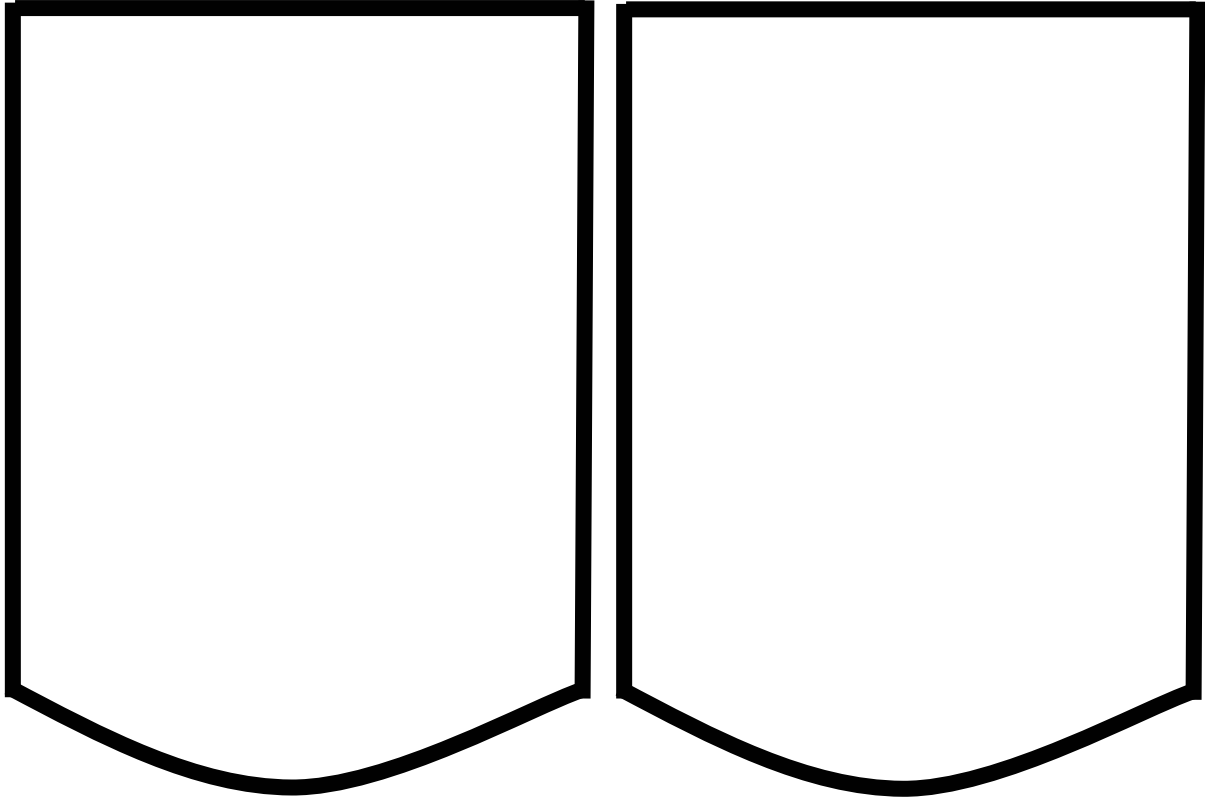


Cut out on dark lines as many symbol images needed for the lap book. Stack them with labeled images on top and staple on line then glue to lap book.

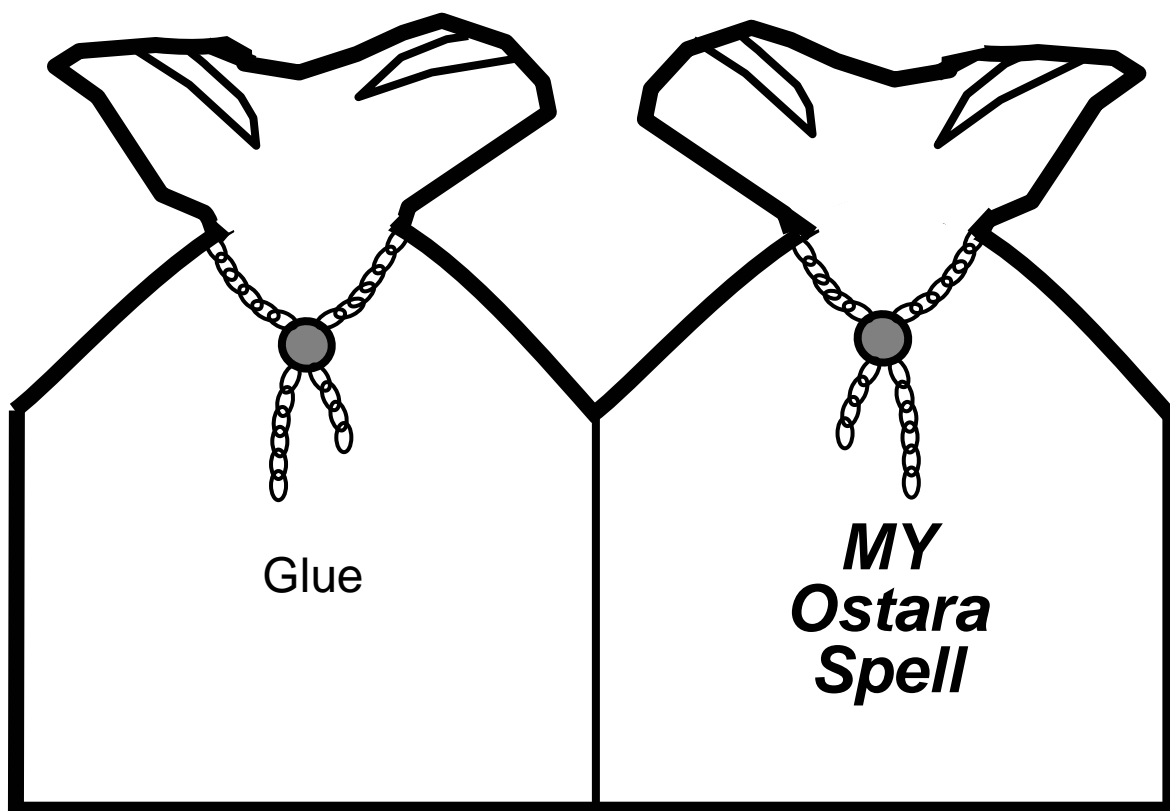
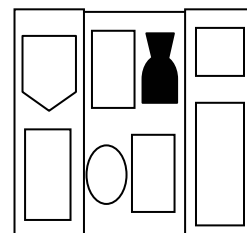






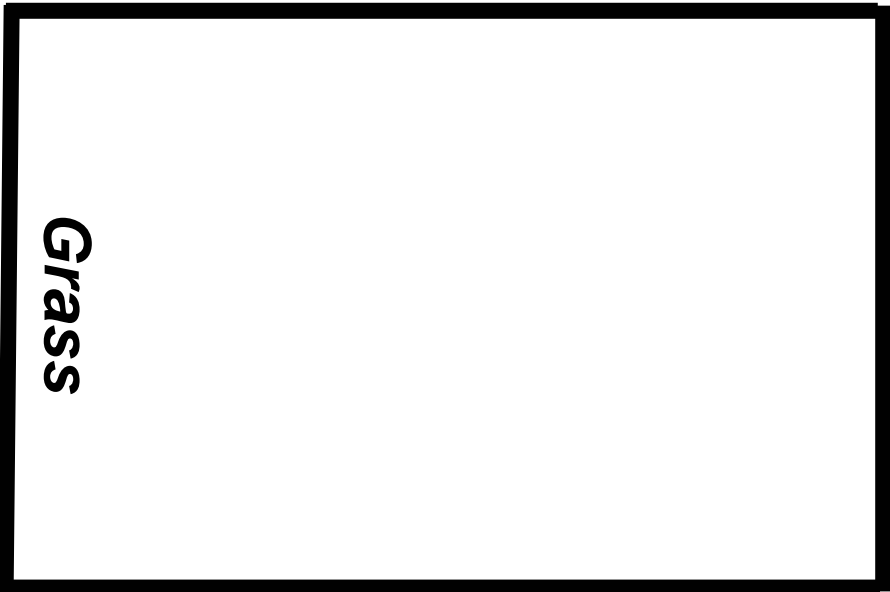
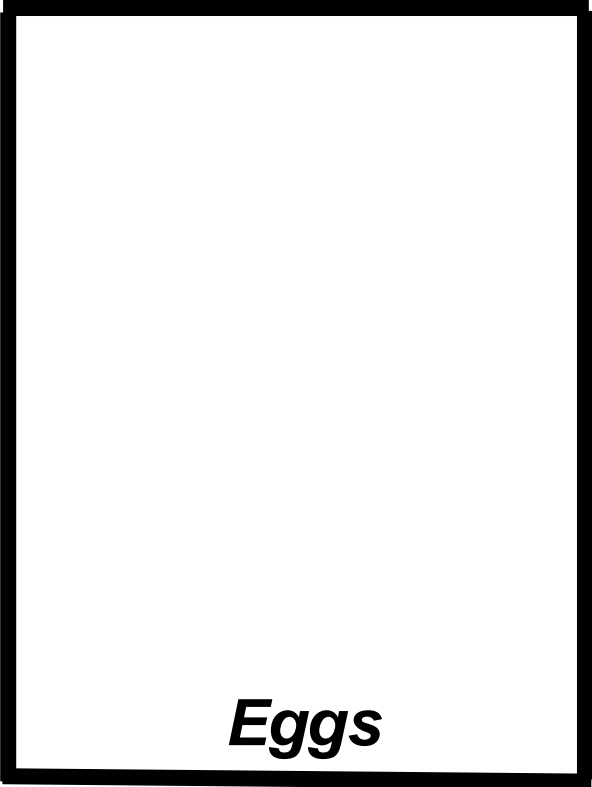
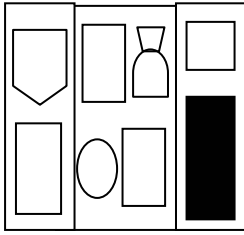


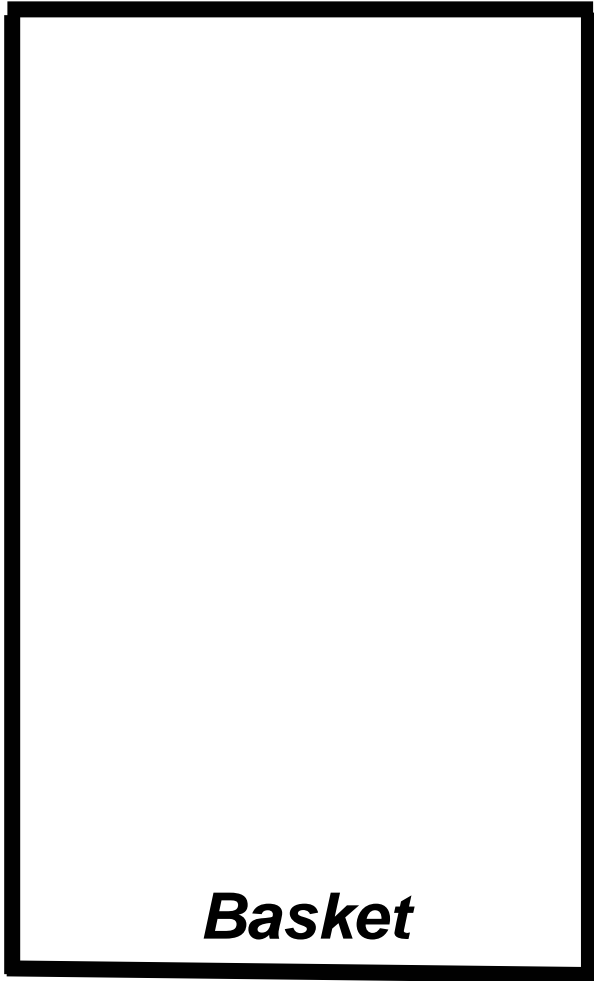
Cut out spell bag on thick lines then fold.  
Cut out square on bold lines then glue to  
Inside of the cover of the spell bag. Glue  
Back side (labeled glue) to the lap book.



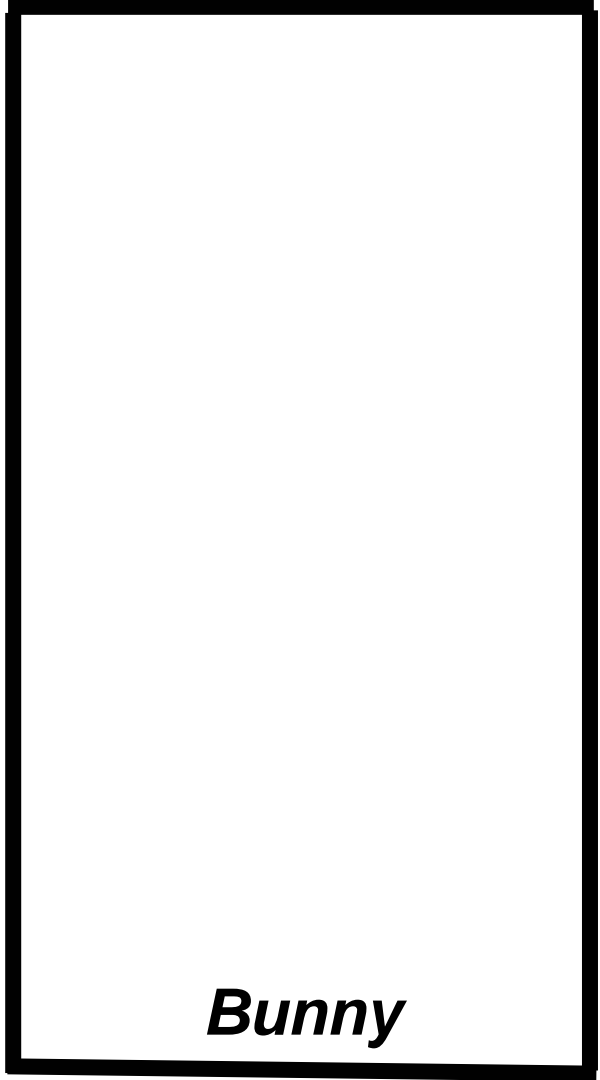
*That which I've written  
Shall it come to be  
With kisses from the spirits  
Be granted unto me*

Cut out both pages of panels. Stack on top of each other with shorter panel on top. Staple together then glue back side of the Largest panel to lap book.





***Basket***



***Bunny***