

# Pagan Family Outings

Planner



<https://FamilyPagan.com>

## Pagan Family Outings

Family outings are a fun way for the whole family to stay connected to Pagan roots and bond as a family. When planning Pagan family outings be sure to include all members of the family in all aspects; preparing, planning, executing, and clean-up.

Have an outing as often as you would like; weekly, bi-monthly, or monthly. Whichever you choose, just be sure to be consistent. Holding regular outings will prove to be a great advancement in your Paganism and connection with nature as a family.

Be sure that before you go on the outing that each member of the family releases all negative energy, this means you too. Some idea's for individual cleansing can be found below:

Bath	Meditating	Listening to Calming Music
Quietly Playing with Toys	Nap	Sitting in dim- lighted room

The following planner will help you set up and carry-out your own family outings. The first form has been started for you as an example to get your creative ideas flowing.

## Pagan Family Outing Table of Contents

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<b>4</b>	<a href="#"><u>Outings Schedule - Lands (example)</u></a>
<b>9</b>	<a href="#"><u>Lands Outing Planning Pages</u></a>
<b>14</b>	<a href="#"><u>Waters Outing Planning Pages</u></a>
<b>19</b>	<a href="#"><u>Seasons Outing Planning Pages</u></a>
<b>24</b>	<a href="#"><u>Planning Charts</u></a>
<b>26</b>	<a href="#"><u>Fauna Charts</u></a>
<b>30</b>	<a href="#"><u>Notes</u></a>

## Outing Schedule

### Lands

- Parks
- Woods
- State Parks
- Hiking Trails

Focus Release Negative Energy

### Background

#### Correspondences

Earth Forms: (rocks) lava=inner strength, marble=enduring, pumice=ease over rough times, rose quartz=instills a proper perspective

Trees: birch=change, cedar=balance, walnut=change, yew=change

Flora: (flowers) black-eyed Susan=forthcoming positive results, bluebell=uplifts emotion, compfrey=restores inner balance, four o'clock=protective qualities, marigold=encouragement, red clover=inner strength

Vegetables: corn, potato, spinach, dandelion, beets

Herb/Spices: anise powder=rid negative energy, basil=courage & change, cinnamon=purification, & fennel=protection

Colors: black, gray, indigo, pink, red, silver, violet, yellow

### Lesson

To learn more about the area you are in by reading clues from local trees: Notice how one side seems to be growing more horizontal than its vertical side. The sun seems to allow more quality time shining on the south side of the tree that is growing vertically (US & UK only). If the branches are more pushed together or bushy on one side, then you can be sure that the wind blows from that direction regularly. Look around the area and see if you can find out more about it by the other things seen. Make educated guesses if you can't find any more.

## Preparation

### Menu Prep

Main Dish	Sides	Desserts

### Special Instructions

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### Stirring

- Clockwise – Invoke Energy
  Counterclockwise – Banish Energy

### Kitchen Prep

- Cleansing Kitchen
  Cleansing Altar Tools  
 Cleansing Cooking Utensils
  Visualization Planned  
 Lighting Planned
  Consecrating Cooking Tools

### Outing Lay-Out

#### Cleansing

Supplies	Procedure

#### Beginning Procession

Leader Person: \_\_\_\_\_ Ending Person \_\_\_\_\_

#### Set-Up

Person	Responsibility

Blessing

Delivered By:
Words:

Meal

Person Delivering Lesson:	
Topics For Discussion:	Topic 1
	Topic 2
	Topic 3
	Topic 4

Offering

Person Delivering Offering:	Offering Delivered:
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## Omen

Person Delivering Omen:	Supplies Needed:
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## Clean-Up

Person	Responsibility

## Ending Procession

Leader Person: \_\_\_\_\_ Ending Person \_\_\_\_\_

Notes: \_\_\_\_\_

\_\_\_\_\_



## Outing Schedule

### Lands

- Parks
- Woods
- State Parks
- Hiking Trails

Focus \_\_\_\_\_

## Background

### Correspondences

Earth Forms: \_\_\_\_\_

\_\_\_\_\_

Trees: \_\_\_\_\_

\_\_\_\_\_

Flora: \_\_\_\_\_

\_\_\_\_\_

Vegetables: \_\_\_\_\_

Herb/Spices: \_\_\_\_\_

Colors: \_\_\_\_\_

### Lesson

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Preparation

### Menu Prep

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### Special Instructions

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Person Delivering Offering:	Offering Delivered:
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## Omen

Person Delivering Omen:	Supplies Needed:
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## Clean-Up

Person	Responsibility

## Ending Procession

Leader Person: \_\_\_\_\_ Ending Person \_\_\_\_\_

Notes: \_\_\_\_\_

\_\_\_\_\_

## Outing Schedule

### Waters

- Rivers
- Oceans
- Lakes
- Ponds

Focus \_\_\_\_\_

### Background

#### Correspondences

Water Forms: \_\_\_\_\_

\_\_\_\_\_

Trees: \_\_\_\_\_

\_\_\_\_\_

Flora: \_\_\_\_\_

\_\_\_\_\_

Vegetables: \_\_\_\_\_

Herb/Spices: \_\_\_\_\_

Colors: \_\_\_\_\_

#### Lesson

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

## Preparation

### Menu Prep

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### Special Instructions

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Supplies	Procedure

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Leader Person: \_\_\_\_\_ Ending Person \_\_\_\_\_

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Person	Responsibility



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Person Delivering Offering:	Offering Delivered:
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## Omen

Person Delivering Omen:	Supplies Needed:
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## Clean-Up

Person	Responsibility

## Ending Procession

Leader Person: \_\_\_\_\_ Ending Person \_\_\_\_\_

Notes: \_\_\_\_\_

\_\_\_\_\_

## Outing Schedule

### Season

- Autumn
- Winter
- Spring
- Sunny

Focus \_\_\_\_\_

## Background

### Correspondences

Earth Forms: \_\_\_\_\_

\_\_\_\_\_

Trees: \_\_\_\_\_

\_\_\_\_\_

Flora: \_\_\_\_\_

\_\_\_\_\_

Vegetables: \_\_\_\_\_

Herb/Spices: \_\_\_\_\_

Colors: \_\_\_\_\_

### Lesson

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Preparation

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## Omen

Person Delivering Omen:	Supplies Needed:
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## Clean-Up

Person	Responsibility

## Ending Procession

Leader Person: \_\_\_\_\_ Ending Person \_\_\_\_\_

Notes: \_\_\_\_\_

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## Planning Charts

When planning your outing it is important that you take into consideration what the sun, moon, and weather contribute to it. Below you will find charts to aid you with information needed to add to your outing plans.

<b>Weekday Chart</b>	
<b><i>Day</i></b>	<b><i>Matters of</i></b>
Monday	Spiritual growth, intuition, dream work, family
Tuesday	Vitality, logic, challenges, energy
Wednesday	Mystical insight, resourcefulness, creativity, knowledge
Thursday	Loyalty, endurance, luck
Friday	Communication, love, friendship, happiness
Saturday	Growth, understanding, problems, willpower
Sunday	Learning, reason, freedom, well-being

<b>Moon Phase Chart</b>	
<b><i>Moon Phase</i></b>	<b><i>Matters of</i></b>
Full Moon	accomplishment, light, energy, nurture, growth
Waning Moon	endings, intuition, purification, renewal
New Moon	improvement, rebirth, stability, well-being
Waxing Moon	abundance, courage, creativity, growth, wisdom



<b>Stage of the Day Chart</b>	
<b><i>Stage of the Day</i></b>	<b><i>Matters of</i></b>
Dawn	beginnings, hope, purpose, freshness, warmth
Morning	leadership, blessings
Noon	determination, strength, willpower, beginnings
Afternoon	Overcome weaknesses, guidance, inspiration
Dusk	banish, change, ending
Night	healing, peace
Midnight	release, crossroads, positivity

### Fauna Charts

While on your outing some of mother nature's residents may visit or observe you. They bring with them messages and powers. Below are some of the most common fauna you may come across and the message/powers that they have for you. They are divided for easier reference.

<b>Fauna (Mammal) Message Chart</b>	
<b><i>Type of Fauna</i></b>	<b><i>Powers</i></b>
Armadillo	emotional & psychic protection, increase self confidence
Bat	Inner purification, increases insightfulness
Bear	Material protection
Beaver	Unlimited motivation, balance life's opportunities
Cat	See psychic ability
Chipmunk	Safe travel, opens trust
Deer	Bringer of wisdom
Dog	Security
Fox	Bringer of visions, sharpens analytical skills
Goat	Stability, slows carelessness
Groundhog	Family protection
Hare	Renew relationships
Hedgehog	Wisdom, promotes inner strength
Horse	Spirits travel

Mole	Sensitivity, raises self confidence
Mouse	Vision of success, awareness of change
Opossum	Skills, widens perspective
Otter	Transformation support, instills appreciation
Rabbit	Well-being
Raccoon	Transformation during sleep, enriches purpose
Rat	Help with problems, exposes negative aspects
Skunk	Willpower, heightens self-preservation
Squirrel	Avoid negativity, raises awareness of needs
Wolf	Teach truth & wisdom, intensifies mental acuity

<b>Fauna (Bird) Message Chart</b>	
<b><i>Type of Fauna</i></b>	<b><i>Powers</i></b>
Blackbird	Renewal support, heightens awareness
Blue Jay	Prophecy, confuses spiritual & daily behavior
Cardinal	Nurture the senses, intensifies priorities
Crane	Travel, increases desire to expand knowledge

Crow	Wisdom, clarifies communication
Dove	Renewal in relationships, instills serenity
Duck	Help with stress, fortifies strength of will
Eagle	Strength & success, raises intellect
Goose	Support during healing, reality in focus, elevates responses
Hawk	Trust, supplements observation skills
Hummingbird	Strength, well-being, stabilizes mental focus
Owl	Higher wisdom, perceptive abilities
Pheasant	Longevity, centers mental focus
Pigeon	Security, strengthens reason
Quail	Protection, strengthens psychological defenses
Raven	Brings visions, enhances spiritual awareness
Robin	Luck, brightens outlook
Seagull	Purification, travel, enhances facets of daily life
Sparrow	Magic manifestation, enriches maturity
Starling	Peace in relationships, enhances individuality
Swallow	Security & warmth, raises self-assuredness

Swan	Support during travel, spiritual serenity
Turkey	Rebirth/renewal, exposes misconceptions
Vulture	Sense trust, aggressive characters
Woodpecker	Reveal truth

<b>Fauna (Reptiles) Message Chart</b>	
<b><i>Type of Fauna</i></b>	<b><i>Powers</i></b>
Alligator	Revenge, identify false thinking
Crocodile	Strength, exposes negativity
Frog	Purification, increases self-awareness
Lizard	Transformation, visions, magnifies self-reflection
Salamander	Soul support
Snake	Wisdom well-being
Toad	Success, wealth, respect to reality of self
Tortoise	Stability
Turtle	Respect in relationships, stabilizes life perspectives

**Notes :**

A large, empty rectangular area with wavy, decorative borders on the left and right sides, intended for writing notes. The top and bottom edges are straight horizontal lines. The left and right edges are curved, wavy lines that create a decorative frame for the central space.

**Notes:**

